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HOT STORY

They've been married 13 years, but it's not looking good for Freddie Prinze Jr. and Sarah Michelle Gellar.

OK! INSIDER

Selena Gomez wants out of the limelight. Plus: Emma Stone tries to cheer up her costar Ryan Gosling.

NEWS IN PHOTOS

Gwyneth Paltrow, Nicole Richie and Kate Hudson enjoy a night out, while new mom Carey Mulligan hits the red carpet.

COVER STORIES

Mila Kunis' inability to trust Ashton Kutcher could tear them apart.

The tragic story of Lamar Odom, from his rough childhood to NBA stardom, love with Khloé Kardashian and the multiday bender that left him unresponsive in a Nevada brothel.

Drew Barrymore's calling it quits on her marriage to Will Kopelman. Find out what's behind their sudden split.

COUPLES NEWS

Jenny McCarthy and Donnie Wahlberg's marriage is on the rocks.
Plus: Sandra Bullock's looking to spice up her love life!

FEATURES

Before these stars got rich and famous, they got the axe.

48 Kristen Stewart talks about staying true to herself and taking risks.

FASHION & BEAUTY

Rihanna dishes on her latest fragrance.

Get accessories like doughnut midi rings and a popcorn phone case, inspired by your favorite foods.

As temperatures drop, stay warm in fringed-suede jackets, long wool coats and other chic outerwear.

Try these tricks to keep your skin looking youthful—no surgery needed!

ENTERTAINMENT

60 OK!'s picks for what's hot in TV and movies this week.

BUZZ

Charlize Theron steps out with her new adopted daughter August.

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ALSO IN THIS ISSUE

RED CARPET	10
WHO WORE IT BETTER 12	
OK! OR NOT OK!	28
CELEB COOKBOOK	50
BODY&SOUL	62
BY THE NUMBERS	72

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Spike THE ONES TO WATCH



ON THE ROCKS

THE LOVE STORY COULD BE OVER FOR **SARAH MICHELLE GELLAR** AND **FREDDIE PRINZE JR.**

ast month, Sarah Michelle
Gellar and Freddie
Prinze Jr. marked their
13th wedding anniversary,
making theirs one of
Hollywood's more longerlived unions. Behind the scenes,
though, work- and money-related
stresses are threatening to tear these
former lovebirds — who met on the
set of 1997's I Know What You Did Last
Summer and are the parents of
Charlotte, 6, and Rocky, 3 — apart

"They've been at each other's throats for a year now," says an

insider. "It's been a long, slow decline for them. At this point, it's pretty clear they're together only for the kids."

Trouble set in last November, when Freddie, 39, had spinal surgery and became a little too comfortable in the role of stay-at-home dad. "Sarah has been the primary breadwinner for a long time," says the source. "She felt sorry for Freddie when he was bedridden, but then she noticed that he was in no rush to get back into acting. He sits around all day playing video games and fighting with strangers

on Twitter." The difference in their worlds was all too apparent one day last month, when Sarah, 38, was on her way back to Los Angeles from promotional duties in New York, and Freddie was having brunch with the kids and a nanny at a Brentwood restaurant, looking stressed and preoccupied with his phone. "It definitely seemed like he was going through a rough patch," says an eyewitness seated near the star.

Now the two are arguing about money and much more. "Sarah thinks Freddie spends too much on childish things," says the source. "She wants him to grow up; if he doesn't, it will be the end of them."

Age defying comes to lip care.





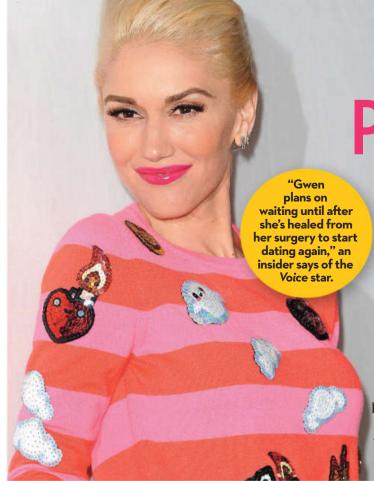


way with her well-reviewed new album, *Revival* — but sources say the 23-year-old is itching to ditch it all for a simpler, quieter life. "Underneath her spirited façade, Selena is a mess," says an insider. "She cries all the time thinking about the hypocrisy and backstabbing that come with the entertainment industry. This album will be her last — she only did it because she was under contract - and she's told her agent that she's done with acting too."

Selena has only recently emerged from a dark period marked by her tumultuous relationship with **Justin Bieber**, the cancellation of tour dates in 2013 and a two-week stint in rehab attributed to "exhaustion." Though she's now revealed that she was undergoing chemotherapy for lupus at the time, "she was also staying up all night partying with Justin," says the source, "and she was definitely doing drugs."

Even a Mexico getaway in April generated crushing headlines, as the star was fat-shamed for her extra-curvy bikini body. Now Selena is ready to step out of the spotlight for good. She has a tour planned for next summer, and she'll play a sorority girl in Neighbors 2, "but after that, she's out," says the insider. "Just because she made a lot of money in Hollywood doesn't mean she has to stay."





GWEN'S PICK-ME-UP

Who couldn't use a boost as they're going through a divorce? When it comes to Gwen Stefani. though, a spa treatment or new pair of shoes just won't do: The 46-year-old mother of three is treating herself to a breast lift. In August, less than a week after filing papers for her split from Gavin Rossdale, Gwen was spotted at L.A.'s Cedars-Sinai Hospital consulting with a prominent doctor who specializes in breast reconstruction and cosmetic surgery. "She swore she would have them done after giving birth last year to [her third son] Apollo, so she's been thinking about it for a while," says a source. "Now she's put herself on the fast track to a new and improved bod." The timing couldn't be better, as the surgery should give a lift to Gwen's love life as well. "She's torn up over the divorce," the insider adds, "but she's getting excited at the thought of meeting someone new." Sounds like her heart - and her chest - will be on the mend soon!



They're both English and bearded, but beyond that, there haven't been too

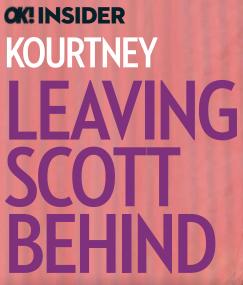
many similarities between David Beckham and Ricky Gervais — until reveals, the soccer icon, 40, has been mistaken more than once for the comic actor, 54. "David's looking haggard lately," explains the source. "He's been in the sun a lot and partying. Now he's had a real wake-up call, and he's determined to get back into shape again." **Enjoy it while**

you can, Ricky!





What goes around comes around is a life lesson Mischa Barton apparently never learned, and it's hitting her hard now that she's broke. With her Beverly Hills house in foreclosure, the 29-year-old former star of The O.C. — who has also dealt with a DUI and what she called "a full-on breakdown" since her series ended has been "begging every contact she ever had in Hollywood for jobs," says a source. "The problem is that when Mischa was a big star, she wasn't the nicest person. She thought she was more important than anyone on any set, and now no one wants to help her. It's a very sad situation."



ourtney Kardashian had her own private Burning Man ceremony in her backyard recently, sending all reminders of ex Scott Disick up in flames. "She got rid of everything that belonged to him," says a source, referring to the hard-partying philanderer who fathered three children with Kourtney. "The thought of trying to communicate with him about collecting his stuff made Kourt sick to her stomach. She even put all the cards and notes he'd given her into the fire." The purge was a family affair, with sisters Kim, Khloé and Kylie in attendance and Kendall chiming in via FaceTime. "They were drinking wine and cheering every time Kourtney threw something into the fire pit," says the insider. "She cried a bit but says she feels so much lighter now."



relationship

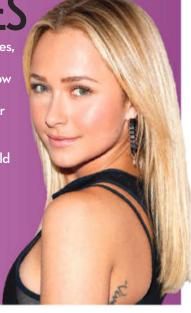
Ryan.

This Oscarnominated golden girl was heard sniffing in the bathroom at the popular Hollywood restaurant Dan Tana's — and our spy says it wasn't due to illness or heartbreak. Well, she's always favored the sex, drugs and rock & roll lifestyle!



THE BABY BLUES

As Nashville's unhappy new mom Juliette Barnes, Hayden Panettiere has been exceptionally convincing this season – and now, sadly, we know it's more than just acting chops. Hayden, who gave birth last December to Kaya, her daughter with fiancé Wladimir Klitschko, has checked herself into a treatment center for postpartum depression. In a recent interview, the 26-year-old shared a bit about her struggle: "There's a lot of people out there that think it's not real," she said, stressing that her blues never involved thoughts of hurting her child. "It's something that's completely uncontrollable. And it's really painful, and it's really scary and women need a lot of support." Hopefully, thanks to Hayden raising awareness, now they'll get it.

























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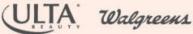
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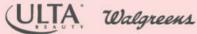


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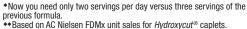
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hen asked in February
about her relationship
with husband Donnie
Wahlberg, Jenny
McCarthy said. "I want to be dependent

McCarthy said, "I want to be dependent and a girl and a wife and domesticated. I want to be Mrs. Wahlberg." But in reality, a source says, Jenny, 42, is hardly the Happy Homemaker. "Donnie expects Jenny to behave like a wife, cooking and taking care of the family instead of relying on outside help," the insider says. "But she resists

his alpha male act." Her rep denies it, but the source maintains, "She's in danger of driving him out the door."

After dating for about a year, Donnie, 46, and Jenny married in August 2014, broadcasting their love to the world, literally — the first episode of their A&E show, *Donnie Loves Jenny*, was titled "The Wedding." But as time went on, the source says, the cracks began to show. The quirks that initially attracted Donnie to his bubbly blonde bride now only serve to annoy him. "When she

gets a tattoo or dyes her hair on a whim it drives Donnie crazy," the insider says. "He tells her to act like an adult."

To make matters worse, they have conflicting ideas about how to parent their blended family (he has two sons, she has one), and the source says Jenny wants to rule the roost there: "She won't let him take be a strong father figure." At this point, the insider says, their reality show may be the only thing holding them together, predicting: "Once it's over, their relationship could be too."



hen Gisele Bündchen recently toured the grounds of chichi Boston private school Shady Hill, apparently seeking to enroll her kids for 2016, it seemed confirmation that she's staying put with husband Tom Brady for the foreseeable future. But a source says her happyfamily act with Tom, 38, is a farce. Gisele, 35, "is so concerned about public perception, she's going about business as usual," the insider says. "She doesn't want the world to know the turmoil her marriage is in." The couple are in therapy, the source says, but still "fighting a lot" — not that anyone will see it: "Gisele wants other women to be jealous of her perfect husband and life."

Blake & Ryan MOVING TO L.A

Although Blake Lively and Ryan Reynolds chose to live in secluded Bedford, N.Y., after they married in 2012, a source says Blake's missing Hollywood – especially since her lifestyle website, Preserve, went bust. "Blake's desperate to renew her career," the insider says, adding that the actress convinced a reluctant Ryan, 38, to house hunt in L.A. "by promising that they'll still live in Bedford part-time." The source says that after stumbling with her tech venture, Blake, 28, is eager to get back to acting. At least she'll have plenty of leftover merch from Preserve to decorate a new pad!



Keri & Matthew

Although Keri Russell's divorce from **Shane Deary** may not be finalized, she's already set to tie the knot with another man – her beau of two years and costar on *The* Americans, Matthew Rhys. At first Keri, 39, was reluctant to accept Matt's proposal, fearing that their personal life might detract from the show. But Matt. 40. wouldn't take no for an answer and talked Keri into a hush-hush engagement. Since the couple has been happily cohabiting for some time, a source says, not much will change when they wed: "They're a family."



Gerard SETTLING DOWN

multiple failed IVF treatments that they almost lost hope, but they hung in there for each other," a source says. "Now they're closer than ever."

Gerard Butler has racked up a long list of Hollywood exes, but a source says his playboy days are behind him - he's convinced that his girlfriend of a year, Morgan Brown, is The One. "Gerard loves the chase and usually gets bored quickly," the insider says of the 300 star. who's been linked to Jennifer Aniston, Jessica Biel and **Ashley Greene**. "But Morgan is different. For once, he can see himself committing." The fact that Morgan, 39, is not in the entertainment industry (she's an interior designer) is especially appealing to the down-to-earth Scot, 45. Says the source: "He's realized that sharing his life, not just his bed,



Joe & Gigi's PARTY DETOX

"Gigi got caught up in Joe's lifestyle,"

a source says.

Even though Gigi Hadid slammed the body-shaming trolls who criticized her figure during New York Fashion Week in September, she's determined to whip herself into tip-top shape – and she's convinced her boyfriend Joe **Jonas** to get on board too. "Gigi has very big dreams and goals, and she isn't going to let partying get in the way," a source says. "She's vowed to cut out alcohol completely until she's dropped the 10 pounds she gained from going out with Joe." The couple have even started waking up early for sessions with Gigi's trainer. So will it last? The source says Gigi, 20, is "very disciplined" - but it'll be a miracle if Joe, 26, sticks to it. Hey, only one of them is a supermodel!

is what's important."

SexING IT UP

Sandra Bullock revealed in a recent interview that she's been hanging on to her high school cheerleading uniform, saying it could be handy for a "sexy night."

Could Bryan Randall be the guy she's been saving it for? A source says

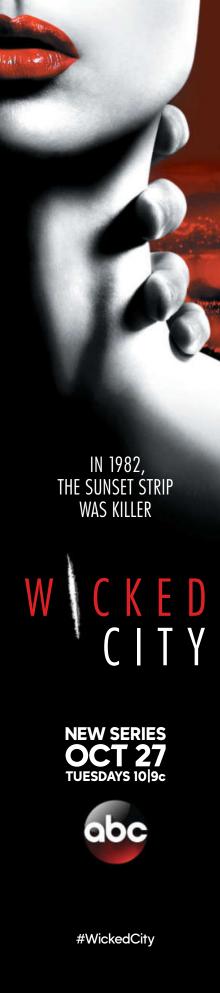
Sandy, 51, has been branching out in the bedroom to keep her new beau, 49, interested. "He's made her feel sexy again," the source says, noting that her 2010 divorce from cheating ex Jesse James "shattered her confidence." But these days, she's comfortable enough to browse sex books at The Grove's Barnes & Noble, according to a witness who saw her on Oct. 6: "You could tell she was having fun." It's about time!





hile his girlfriend,
Kirsten Dunst, has
been busy promoting
FX's Fargo, Garrett Hedlund
hasn't been lacking for company.
An eyewitness says Garrett, 31,
was flirting with a sexy brunette
at The Satellite in Los Angeles on
Oct. 10. "He was acting single,"
the source says, adding that the

Pan star bought drinks for all of the girl's friends too. "He was chatting with different women throughout the night. If that was my boyfriend, I'd be worried!" Kirsten, 33, and Garrett met on the set of 2012's On the Road, and in August Kirsten said, "he feels like family to me." But an insider says the couple may have split since then, which could explain Garrett's behavior. If not, it sounds like they may be parting soon!





THE HONEYMOON
IS OVER FOR
NEWLYWEDS
ASHTON KUTCHER
AND MILA KUNIS

upset. He accused her of spying on him, and she freaked out."

As is often the case, however, it seems Mila's snooping is symptomatic of much larger problems. While they tied the knot only three months ago, in early July, the insider says that Mila has had questions pretty much from the start of their relationship in 2012 about Ashton's ability to be faithful. "When they first began dating, she definitely had some reservations about him because of his track record."

THE BURDEN OF A BFF

Ashton and Mila have been friends for years — ever since they played boyfriend and girlfriend on their mutual breakout series, *That '70s Show* — and she was one of his go-to confidantes during the breakdown of his first marriage, to **Demi Moore**. "Mila knew that he'd cheated on Demi, and in fact, he was confiding in Mila while all that was going on. He'd pour his heart out to her. As a friend,





Mila and Ashton didn't originally intend to hire a nanny for baby Wyatt; they wanted to take care of her themselves. But an insider says they've finally realized that a little professional help might take some pressure off them — and even improve their relationship. However, having seen the recent spate of Hollywood nannies-turned-mistresses, Mila's looking for someone older and experienced, more like her own mother (pictured above) than the usual twentysomething babysitter. "She doesn't want Ashton to be tempted," the insider says.

she was always very supportive and nonjudgmental. But as a wife, she sees things differently. It's always in the back of her mind now that if he did it to Demi, he could do it to her."

So when Ashton accused her of prying, Mila turned it around on him. "She told him it's his own fault," the insider says. "He's been away from home more lately, going to business

HIS OTHER WOMEN

Ashton's track record is a bit checkered, to say the least. Meet the ladies who've caused Mila to question his ability to stay faithful.



BRITTNEY JONES

In July 2010, this young brunette met Ashton and his wife Demi while bowling. He slipped her his number at the end of the evening, and invited her over for a roll in the hay a few weeks later, while Demi was out of town. "He told me that they had an open relationship," Brittney, then 21, has claimed. "I was used."



SARA LEAL

Over a year later, in September 2011, Ashton invited Sara Leal, then 22. and a friend to a private hot tub party in his hotel suite. He reportedly told the girls that he was separated from his wife: whether that was true at the time. it was true soon enough — Demi announced a split soon after the news broke

He's told her that if she can't trust him, they can't be together"

meetings and out with his buddies, and it drives her nuts that he never wears his wedding ring. He says that he doesn't deserve to be treated this way. but she says that he's pushed her to it."

THEY NEED A REMEDY

Whoever's at fault — and it certainly sounds as though they've both made some mistakes — the insider says that

LINN



MASSINGER In June 2012 after he'd started seeing Mila -Ashton was busted with Linn. then 22, when photos of them in bed together were published. 'He told Mila it was nothing more than a little drunken cuddling," the insider says. 'It was early days for their relationship, so she didn't dump him over it."



Jobs - Ashton's last major film role - is being compared unfavorably to the new biopic of the former Apple leader. (Steve Jobs star Michael Fassbender, left, sarcastically said he "studied" Ashton's performance.) "He loses his temper if anyone even mentions the new movie."

Mila and Ashton are now dealing with a severe and troubling lack of trust. "And it doesn't help that they don't have the passion that they did in the beginning of their relationship. They've only been married a few months, but the honeymoon's definitely over."

The insider says that, so far, the couple haven't agreed to go to marriage counseling but they'd better consider it if they want their love to last. "Things are pretty ugly between them right now," the source says. "If they don't get into couples therapy soon, the situation might implode."

Counseling certainly sounds like a better idea than Ashton's proposed solution: another baby! The insider says that he's been hassling Mila to get pregnant again, claiming that she "promised" him she would. "He wants her to have babies back-to-back, so that they can have a big family, but she

wants to wait a while before trying again. She says that being pregnant was more difficult and all-consuming than she expected."

flooding in." And it hasn't helped that 2013's

Given that Mila's still young, it's hard to see what the big rush is — but Ashton seems to be fixating on her "broken promise," perhaps so that he has some ammunition in what's quickly turning into an unfortunate situation. "He's even given her an ultimatum,"

the insider says. "He said he feels lied to and told her that she's got to stop spying on him and start talking about having another kid or else. Mila, meanwhile, really wants to be able to trust him — but she has no idea what's next for them."



Khloé, whom he wed after a monthlong whirlwind courtship in 2009. Their bond, they liked to say, was "unbreakable," and the Kardashian clan accepted him with open arms, with **Kim** once gushing, "Lamar is one of the sweetest, most compassionate guys I know."

But by 2012, when Lamar was traded to the Dallas Mavericks, his demons started surfacing. Struggling with substance abuse, Lamar went to rehab, but reports of his drug habit, including the use of crack cocaine, would dog him for years, along with cheating rumors. Wild nights out seemed to be his way of dealing with a latent, nagging pain - and though Khloé often defended him, even she couldn't turn a blind eye following their fourth anniversary, when reports claimed Lamar spent two days on a bender outside L.A. with two women. "I shouldn't be surprised anymore. SMH," she tweeted.

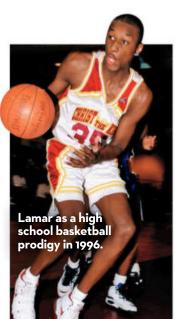
They finally signed divorce papers in July – but Khloé has long maintained an "unbreakable" love for her wayward ex. "I will never, ever not

love Lamar," she recently admitted, adding, "I was so obsessed with him, in a healthy way. He was my husband, and I still wish he was."

BEST INTENTIONS

Khloé and Lamar were reportedly hooking up in recent months in a suburban Las Vegas love nest. But a source tells OK! that when Lamar asked his ex who's dating NBA star James Harden - to

come out the weekend of Oct. 10, she turned him down, and their conversation turned heated. "She was focused on Kourtney's split from Scott [Disick] and had agreed to babysit Mason," says the insider, who adds, "Lamar really needed her. He was letting things get to him, and he wasn't in great shape." When he called Khloé the next day, on Oct. 11, she could tell



he'd been partying... and promptly hung up.

"Now, of course, she's blaming herself," says the source. "She wishes she hadn't gotten mad, but she was tired of treating him with kid gloves." And while there are dissenting reports about whether Lamar was abusing drugs at the Love Ranch brothel owner Dennis Hof said he only witnessed the intake of herbal sexual supplements, but many think illegal

substances were involved — a source says Lamar had planned in recent months to clean up his act.

"He was doing so well," says the source. "He considered Khloé his motivational 'prize.' " As for Khloé, the source says, "Her heart is absolutely broken. It's been tragedy after tragedy for Lamar, and his demons finally got the best of him."

FAMILY TIES Lamar's father, Joe was absent and on heroin when Lamar was a kid; his mother, Cathy Mercer (above), died of colon cancer when he was just 12 years old. In a 2011 episode of Khloé & Lamar, the Lakers star attempted to reconcile with his dad by hosting him for dinner.

His Haunted Life

I AMAR HAS FACED AN INORDINATE AMOUNT OF LOSS OVER THE YEARS

FATHERLY LOVE

When Lamar was 26, his 7-monthold son. Javden. died of Sudden Infant Death Syndrome. (He has two other children with ex Liza Morales.) Lamar wrote Javden's name, plus his mom's and grandma's, on his sneakers before games.



FRIEND FOR LIFE

Lamar's BFF Jamie Sangouthai died suddenly from a drug overdose in June. A devastated Lamar broke the news to Khloé. who later admitted, "Anything can cause [Lamar] to spiral, and that's the last thing I want for him.'





AFTER THREE YEARS AND TWO CHILDREN, **DREW BARRYMORE** AND **WILL KOPELMAN** ARE CALLING IT QUITS

At times the

through. Will didn't

see that until

they were

married

hen it comes to marriage, the third time wasn't the charm for Drew Barrymore. Sadly, OK! has learned that the actress, 40, and her art consultant husband, 38-year-old Will Kopelman, are ending their three-year union. "They've been having trouble for a while now," says an insider. "They tried living apart, but it didn't help - and 'crazy' Drew shines

decided to split." Though Drew lasted longer with Will than she did with her first two husbands — she and Welsh bar owner Jeremy

now they've

Thomas split after 19 days in 1994, and comedian Tom Green filed for divorce five months after they tied the knot in 2001 - sources say it was a rushed relationship nonetheless. When the couple married in a romantic ceremony in Montecito, Calif., in June 2012, they had been dating for a little

over a year and Drew was pregnant with their first daughter, Olive. "It was a whirlwind," says the insider. "They wanted to see it through because they were expecting."

Former wild child Drew, who was in rehab at 14 and emancipated from her parents a year later, has long vacillated between the

> desire to settle down and the need for drama.

"Giving her girls a normal life is really important to her," says the source, "but at times the 'crazy' Drew shines through. One minute she's up, the next she's down. Will didn't see

that side of her until they were married."

There are many difficult details to hash out, from custody to division of assets (while Will has an estimated net worth of \$10 million, Drew's fortune is pegged at \$140 million). One thing is certain: It will be painful and costly for all involved.

Lindsey DiMattina

SOMETIMES, THE BEST WAY TO FIND YOURSELF IS TO LOSE YOURSELF - A COUPLE INCHES AT A TIME.

RESHAPE YOUR ENTIRE BODY IN 30 DAYS? ERICA SHIELDS



As incredible as it sounds, groundbreaking research has just identified a compound that can not only help you lose weight, but can actually reshape your entire body, reducing waist size, hip size, thigh and buttock circumference, belly bulge, and... last but not least... cause a significant loss of actual fat mass from all over your body. Has the "miracle pill" finally arrived?

"IT'S SORT OF LIKE EATING AN ENTIRE CUPCAKE, BUT ONLY ABSORBING A FRACTION OF THE CALORIES..."

"The shape of your entire body will actually change. You'll have a tinier waist, your love handles will begin to disappear, and you'll have thinner thighs for the first time in years... everybody will notice."

IT DOESN'T HAPPEN VERY OFTEN, BUT EVERY ONCE IN A GREAT WHILE A NEW WEIGHT-LOSS PRODUCT COMES ALONG THAT REALLY GETS ME EXCITED.

And, the fact that I get to tell you about it before Dr. Oz features it on his super-popular TV show is "icing on the cake"... or is it cupcake? The product is called GlyStrictin, and, unlike your run-of-the-mill "diet pill" that merely helps you lose weight (while following a strict low-calorie diet), GlyStrictin can actually reshape your entire body... dropping inch upon inch of unsightly fat from your waist, hips, thighs and tummy... even if you're eating more than 2,000 calories a day! Some people are calling it a "miracle pill." However, this "miracle pill" is backed by serious clinical research published in the highly respected *British Journal of Nutrition*.

THE POWER TO RESHAPE YOUR ENTIRE BODY

While you and I only care about results (and the results are incredible), the scientists I've spoken to are even more excited about how this compound works.

So here we go. In a randomized, double-blind, placebo-controlled clinical trial, study subjects took the functional compound in GlyStrictin along with their main meal of the day. Thirty minutes later, they had a significantly lower percentage of blood glucose increment from baseline, a smaller increase in C-peptide and, forty-five to one hundred twenty minutes after they ate, subjects also experienced a smaller insulin increase compared to placebo. Additionally, with respect to time, researchers observed a significant effect on the hunger hormone ghrelin as well as on satiety and desire to eat. The end result was that the specialized compound was shown to cause a significant reduction in body weight, fat mass, BMI, adipose tissue thickness, and waist/hip/thigh circumference while maintaining lean body mass.

SO HERE IT IS IN PLAIN ENGLISH:

People who took this incredible compound not only lost weight, but lost a significant amount of squishy, flabby, unattractive body fat from those hard-to-target places we all hate: our hips, thighs and butt. It also caused a significant reduction in the amount of fat around the waist (yes, that means you can start saying goodbye to your love handles), helping study subjects achieve that tight, sexy, firm figure we all dream of. And the best part? The compound did all this on 2,000 to 2,200 calories a day! In other words, without requiring anybody to follow a ridiculously low-calorie diet or work out for hours every day!

And because of the way this breakthrough formula works, you can still satisfy your sweet tooth (as long as you don't go crazy)... each and every day! So why do I call it the Cupcake Diet? Think of it this way... it's sort of like eating a whole cupcake, but only absorbing a fraction of the calories. How's that for amazing? (Of course, we don't advocate eating a cupcake as a meal, and this example is used for illustrative purposes only)

WHERE CAN YOU GET IT?

A company here in the USA has acquired the patented compound. This unique formula has been exclusively licensed to Limitless Worldwide™ under the trade name GlyStrictin™ And trust me on this... once you start taking it and see how quickly it transforms your entire body, you'll be a believer, too.

SO WHAT'S THE CATCH?

It seems like there's always a catch with diet pills... so what's the catch with GlyStrictin? The price. A full 30-day supply of GlyStrictin will cost you about \$100... in other words, don't go looking for it at your local Walmart. Having a hard time finding GlyStrictin? Can't wait? You can order it directly from Limitless Worldwide™ by calling 1-800-403-2515 or visit their website at Reshapeln30.COM.

Use promo code GLYSTRICTIN3 at checkout and shipping is free!



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Erica Shields, Ph.D., MPH, is a health advisory board member and personal trainer for Limitless Worldwide, LLC. She is a NASM-certified personal trainer and weight-loss and fitness nutrition specialist with nearly 30 years of experience working with local and state health departments, universities, and communities Individual results will vary. Use in conjunction with the simple Glystrictin Body Shaping Plan available at www.limitlessworldwidellc.com.

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CK! FEATURE



SNOOP DOGG

Canned From: A grocery store

While the rapper has been arrested numerous times, he got off relatively easy for a crime spree early in his life. He was fired from his job at a supermarket because "I was better at stealing the groceries than I was at bagging them," he's said.



Youre FIRED

BEFORE THEY GOT RICH AND FAMOUS,
THESE CELEBRITIES GOT THE AX



Terrence after just two weeks on the job. As the Empire star has

BILL HADER
Canned From: A movie theater

Canned From: A movie theater
As a staffer at a cinema while studying at Scottsdale
Community College in Arizona, Bill was fired for
telling a group of "rude" sorority girls how *Titanic*ends: "As I tore the tickets, I said, 'By the way, the
boat sinks, Leo dies... You think he's sleeping, but
he's frozen! Oh, and the old lady throws the jewelry
in the ocean. Enjoy the movie!"

explained, "I didn't get up early enough."

working as a waitress after she followed a couple into the

customer service wasn't the

parking lot and flipped them the bird because they took her pen! "Maybe



Canned From: A fast-food restaurant

Before making people laugh for a living, the America's Got Talent host tried out his material on hungry customers! "My mother made me get a job at, like, Wienerschnitzel... to kind of help ends meet," Nick has shared. "I ended up getting fired because I was playing on the intercom system at the



HUGH JACKMAN Canned From:

7-Eleven After finding a dented can of

Dairy Whip, a teenage Hugh, who was working as a stockboy in Sydney, decided to shotgun it. "When it has a dent, you have to give it back [anyway]," he said. "[This lady] caught me. That was the final straw."

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GO PEHIND THE SCENES WITH O



THE GOLDEN RULE

October is National Bullying
Prevention Month – which is
especially important to Gina
Rodriguez. The Jane the Virgin
star partnered with online
T-shirt company CustomInk
for its fifth annual Be Good
to Each Other campaign,
designing a tee to benefit

the cause that reads:
Kindness Is Always
In Style (inset; \$20 at
customink.com). Gina
told OK! TV she's glad
to be at a point in her
career where she has "a
platform to speak about
things that matter."

A FRESHLOOK FOR FALL

Michelle Yarn talked to OK! TV about her favorite ways to look your best, including RoC Multi Correxion 5 in 1 Restoring Night Cream, Original Mane 'n Tail Shampoo/Conditioner and NeoCell's Derma Matrix and Glow Matrix. And you can get beauty and fashion delivered to your door, courtesy of Le Tote and Birchbox.



FEATURED STATIONS

New York WABC TV: 2:05 AM Los Angeles KCAL: 12:30 AM Chicago The UToo: 2 AM Philadelphia WPSG: 8:30 AM

Dallas KTVT: 1:12 AM Houston KPRC: 1:05 AM Detroit WADL: 11 PM Phoenix KAZT: 12:30 AM Seattle KONG: 6:30 PM Minneapolis KSTC: 11:30 AM Denver KDVR: 12:30 AM Miami WBFS: 12:30 AM

Salt Lake City KTVX 12:37AM Las Vegas KTNV 1:05 AM West Palm Beach WFLX: 6:30 AM Find your station at oktvusa.com

RFFSF'SSPIDERS

Just in time for Halloween, our friends at *Hershey's* shared this recipe with *OK! TV.* It'll make your favorite candy treats even more creeptastic!

Ingredients

- 8 Reese's Peanut Butter Pumpkins
- 3 large pretzel twists
- 1 cup Hershey's Milk Chocolate Chips, Hershey's Special Dark Chocolate Chips or Hershey's Semi-Sweet Chocolate Chips
- White York Pieces Candies or yellow Reese's Pieces Candies

Directions

- 1. Line tray or cookie sheet with wax paper. Remove wrappers from pumpkins.
- 2. For each spider, cut 8 curved sections from pretzels for legs. Set aside remaining pretzel pieces.
- 3. Place chocolate chips in microwave-safe bowl. Microwave at Medium (50 percent) for 30 seconds; stir. If necessary, microwave at an additional 10 seconds at a time, stirring after each heating, until chips are melted and smooth when stirred.

 4. Transfer to small, heavy-duty plastic
- 4. Iranster to small, heavy-duty plastic bag. Cut off one corner of bag about 1/4 inch from the tip.
- 5. For each spider, place pumpkin on prepared tray. Attach pretzel legs and white or yellow candy "eyes" to spider with melted chocolate; place dot of melted chocolate on each eye. Allow chocolate to set before moving.

Simple



arah Evans, mother of 3, is living proof that having the body of your dreams is indeed achievable with even the busiest schedule.

Open any fitness magazine, or jump on social media, and you're bombarded with rock-hard abs, toned glutes and inspirational quotes telling you to sacrifice everything to attain your fitness goals. Instead of feeling inspired it can easily leave you feeling deflated. It's challenging balancing all of the responsibilities and priorities in your life and making room for your own fitness goals.

Here's the good news: Achieving a toned and healthy body is completely attainable, even for the busiest of us – you just need to know where to begin.

Before having my kids, I was never very active and I definitely wasn't into fitness. It took the birth of our third child to realize that fitness needed to become a part of my life, especially if I wanted to stay healthy and live a long, happy life. I know firsthand how challenging it can be to live an active lifestyle with the responsibility of having three kids. Sometimes I feel like there's

How One Fit Mom of 3 Got Her Body Back

just not enough time or energy in the day to get done all the things that I need to do, let alone take care of myself. I wake up early and exercise before getting the kids up for school. Some days my batteries are low and it's hard for me to find the energy and motivation to get my body

"Supplements have a played big role in helping me achieve and maintain my health, energy and fitness. What I put in my body matters to me. That's why I've stuck with BPI products. They care about quality and I feel they care about their customer's results."

going. That is until I discovered
Pre-workout supplements. The one
I found in my local grocery store
was called 1MR Vortex. It caught
my attention because it called
out the fact that it would fuel my
workouts - and that's exactly what
I needed! I mix one scoop of it in my
bottle of water before I exercise - and
it actually tastes really good. Not only
did it give me the energy I was looking for,

but I also started to lose weight faster and found myself getting more toned. After doing some research online I discovered that many of the key ingredients in the product had real weight loss benefits. Combining this, with eating better, I've been able to completely change my body.

No matter what your goal, whether it's to lose a few pounds, or to completely

transform your body, you
can make it happen. You
make time for what's
important. I wanted to
feel comfortable and
confident in my own
skin, and I wanted to
have the energy to
keep up with my kids.
In short, I wanted
to enjoy my life. I've
found that now, and if
I can do it, then so can

ITEMS MAY NOT BE AVAILABLE IN ALL WALMART STORES

SARAH'S 10 MINUTE AT-HOME FAT BURNING WORKOUT

Go for 30 seconds ALL OUT, followed by 30 seconds rest for a total of 10 minutes. Alternate between the 4 following exercises: Jump Rope Mountain Climbers Jumping Jacks Crunches

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er all Team BPI and has received complimentary BPI products in exchange for her testimonial.

After rocketing to stardom in the Twilight Saga series, Kristen Stewart has worked hard to stay true to herself

er luminescent portrayal of Bella Swan in *Twilight* made **Kristen Stewart** a global phenomenon, but the actress was no overnight sensation, as she started her career at the tender age of 9. And while the supernatural franchise made her a star, this L.A.-born beauty refuses to be pigeonholed, moving from quirky comedies to heavy dramas to her latest, the sci-fi love story *Equals*, opposite **Nicholas Hoult.**

Kristen has clearly matured since her Twilight time, when she grappled with the glare of the limelight — and her real-life romance with Robert Pattinson only heightened the scrutiny. "It was really intense," she admits. "I was constantly anxious, kind of a control freak." Now 25, Kristen's more comfortable in her approach to life. "I made a conscious decision to avoid blockbusters and choose smaller projects that satisfy me artistically," she says. Kristen took a break from filming Woody Allen's next movie to talk about trusting her gut and following her heart.

It couldn't have been easy dealing with all the attention you received earlier in your career. Are you still wary of the spotlight?

I've always been shy. I'm still that way, even after I've been in this business basically my whole life. I originally wanted to write and maybe work as a director, but then acting took over. Acting was always a refuge from the real world — it allowed me to forget who I was and whatever I was anxious about.

SHADY LADIES

Though Kristen has been dating Alicia Cargile, a visual effects producer, since August 2014, she has never felt obliged to put a label on her sexuality. As she has said, "I don't feel like it would be true for me to be like, 'I'm coming out!'"

Are you more relaxed these days?

I feel I can be myself more and not get sidetracked. I had too many people telling me what I should be doing, and it was very confusing because I've always been the type who likes to do her own thing. That's why I decided to be true to myself.

Sounds like you embrace risk.

I definitely have a rebellious side! I like to be able to do things my own way and carve out my own identity. When it comes to my work, I won't do any film where I don't feel completely committed

to the story and the character I'm playing. I need to be fully invested emotionally.

Equals is about a futuristic society that has vanquished emotions. How did you tackle that?

It was scary in a lot of ways. Nicholas and I play people who fall in love even though that's taboo. We would spend a lot of time just talking to each other and not showing visible emotion.

The millions of young girls who related to you in *Twilight* still look up to you. What advice would you give them?

Sometimes we all need to get crazy and not feel inhibited — there should be a way for us to let loose more often and not worry about making mistakes. It's important to understand what you really want in life. Some people never figure that out... but I've been able to make sense of how I want to live. The most important thing is to be happy.







Ingredients

- · 2 tbsp. black peppercorns
- 2 tsp. Szechuan peppercorns (optional)
- 2 tsp. coriander seeds
- •8 cups water
- •1 cup kosher salt
- 1 fresh red Thai chili pepper, sliced
- **Directions**
- 1. To brine chicken: Put 1 tbsp. of peppercorns and 1 tsp. of coriander seeds into large saucepan and toast over medium-low heat, swirling pan, 2 to 3 minutes. Add 2 cups water and salt; raise heat to medium high and stir until salt dissolves. Remove from heat; add remaining water and chili. Let cool.
- 2. Rinse chicken and place in plastic container just large enough to hold it. Immerse chicken in brine. Refrigerate 2 to 3 hours or overnight.
- 3. To make lemon curd: In medium

- •1(4- to 5-lb.) free-range chicken
- 4 large egg yolks
- 1/3 cup sugar
- Grated zest and juice of 2 lemons
- · 2 tbsp. unsalted butter, diced
- 1 tsp. finely chopped fresh rosemary
- 1 tsp. finely chopped fresh sage

saucepan, whisk egg yolks, sugar, lemon zest and juice. Stir constantly over low heat until thick and hot but not simmering, about 15 minutes. Remove curd from heat and whisk in butter a

little at a time until smooth. Press mixture through finemesh strainer over small bowl. Cover and set aside to cool.

4. Remove chicken from brine; rinse and pat dry completely using paper towels. Let chicken come to

room temperature, 20 to 30 minutes.

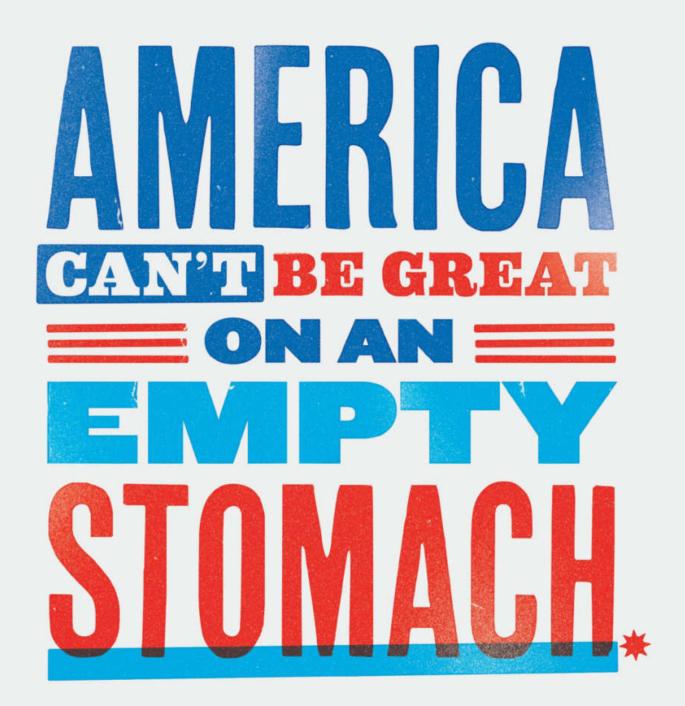
- **5.** Preheat oven to 450° F. Coarsely crush remaining peppercorns and seeds. Transfer to bowl; stir in herbs. Add ³/4 of this mixture and 1 tsp. water to lemon curd.
- 6. Gently slide fingers between skin and meat. Using hands, spread half the lemon curd under skin from breasts to legs. With kitchen twine, tie legs together. Brush remaining curd evenly over chicken, then sprinkle with remaining spice mix. Pour 1 cup water into roasting pan and place chicken on rack in pan.

7. Roast chicken for 30 minutes.
Reduce heat to 325° F and continue roasting until skin is golden brown and juices run clear when thigh is pierced, 11/2 to 13/4 hours. Add 1/2 cup water at a time to pan if it starts to dry out. Let stand 15 minutes before carving.

SERVES: 4
TOTAL TIME:
5 HRS., 45 MIN.
SKILL LEVEL

TUNE IN TO HALLOWEEN BAKING CHAMPIONSHIP, MONDAYS AT 9 PM ET ON FOOD NETWORK





1 IN 6 AMERICANS STRUGGLES WITH HUNGER.
UNITE AND FIGHT TO END HUNGER IN AMERICA AT

GREATNATIONSEAT.ORG







Make a statement, like

Kim Kardashian, Gigi Hadid and Demi Lovato,

by combining three of the season's hottest beauty trends: slickedback strands, superlong lashes and glossy nude lips. It's a bold choice that works best for nighttime, paired with a sexy top or dress.





GET THE GLOW OF A

MEDIEVAL PRINCESS!

WITH CELEBRITY MAKEUP ARTIST GITA BASS

or the beauty-obsessed, Halloween is all about pushing the makeup envelope. We look for costumes that are all about the face. This year, thanks to Medieval fever hitting Hollywood (and practically everywhere else!) being both beautiful and trending has never been easier. Follow these Simple Skincare Advisory Board member Gita Bass-approved tips and you too can look as stunning as a Medieval princess.

PREP SKIN WITH HYDRATION.

Use Simple Skincare
Micellar Cleansing Water
to cleanse and hydrate
skin. Apply a pale shade
of liquid foundation to
the face and neck. Use
translucent powder to set.



FINISH WITH ETHEREAL EYES.

Apply matte lipstick and then false lashes with a touch of mascara to make your eyes pop.



ADD EYE DRAMA.

Shade eyes with a taupe eye shadow. Contour your cheeks by applying bronzer to the hollows of your cheeks. Then dip a Q-tips cotton swab in powder highlighter and apply to the tops of the cheeks, bridge of the nose and above the eyebrows.



LGLOW

Take off your makeup with Simple Skincare Micellar Make-Up Remover Wipes. These 4-in-1 wipes will cleanse, instantly hydrate, remove makeup and soothe skin postparty!



BUNDEUP



THE TOP FO TRENDS IN TO SHOP FO

THE TOP FOUR TRENDS IN OUTERWEAR TO SHOP FOR RIGHT NOW





Simple Secrets to Aging Beautifully

You don't have to go under the knife to maintain a healthy, youthful appearance! We've got tips from beauty & lifestyle expert **Bahar Takhtehchian**, former

Editor-at-Large for Shape magazine,

Editor-at-Large for Shape magazine, on four habits that can help you age gracefully.

SUPPLEMENT
People who use this
wonder supplement
swear it helps you look
younger from the inside

TRY A

out. Its patented blend of amino acids stimulates the

production of human growth hormone (hGH), which has long been associated with providing beauty and body benefits, including increased collagen production, firmer skin and fewer wrinkles. Take SeroVital-hgh just once a day to boost your hGH levels... naturally! Get all the facts at SeroVital.com.

SeroVital-hgh, **SeroVital**, \$99; serovital.com



FOR MORE ANTIAGING TIPS AND TRICKS, VISIT OKMAGAZINE.COM!



As you age, your skin becomes more delicate and dry. To keep your legs and arms looking and feeling hydrated, slather all-natural coconut oil onto damp skin right after you shower to ensure maximum absorption.

Coconut Oil, Carrington Farms, \$7.99 for 12 oz.; carrington farms.com



California Almondo

FEED YOUR FACE For a clear, healthy complexion, it's important to follow a wholesome diet. Replace sugary

and starchy foods with fresh options that are packed with essential nutrients. Foods like avocado, salmon and nuts contain beautifying nutrients, such as omega-3 fatty acids.

California Almonds, **Back to Nature**, \$8; drugstore.com

TAKE TIME TO UNWIND

A stressful lifestyle can take a toll on skin by causing temporary blemishes and permanent wrinkles. Stay calm and balanced by practicing yoga at least once a week or meditating



daily for a minimum of five minutes.

Yoga For Stress Relief & Flexibility, Element, \$13; kohls.com



A NIGHT TO REMEMBER

Grand Opening of the First Le Vian® by Jared® Store

Fine jewelry turned luxury brand Le Vian® hosted the grand opening celebration at the first Le Vian by Jared® store at Roosevelt Field Mall in Garden City, New York, last month. "Le Vian by Jared is a most exciting luxury retail experience," announced Eddie LeVian, designer and CEO. "It's the only place in the world where fans of our designs can explore all of Le Vian® – from jewelry and timepieces to handbags and scarves." LeVian thrilled a standing room only crowd of guests including Countess Luann De Lesseps, star of Bravo's The Real Housewives of New York, with two dazzling runway shows which displayed Le Vian's hottest jewelry trends for 2016, the models dressed from head to toe in Le Vian®. "The evening was filled with fashion and entertainment and I was thrilled that the entire LeVian family was in attendance to experience this memorable moment in our history."



Model walks the runway wearing head-to-toe Le Vian® designs, including the "Liz" Mini Cross Body™ in Peach & Nude™ and Repeating Logo scarf in chocolate.



Real Housewives of New York City star Countess Luann De Lesseps, tries out the new Gladiator® handbag.

Le Vian by Jared

Tricia Judge, Eddie LeVian

a sweet selection of Le Vian®.
Pictured: "Liz" Pony Clutch",
Repeating Logo scarf, Gladiator®
Ring in 14K Strawberry Gold®
with Chocolate Diamonds®
and Vanilla Diamonds®,
Chocolate Diamonds®
Gladiator® Timepiece.

The Le Vian by Jared® store features

Visit levianbyjared.com to find a store location near you.

Entertainmen

STEVE JOBS

Michael Fassbender, Kate Winslet, Seth Rogen | R | Oct. 23

Most people know **Steve Jobs** as the cofounder of Apple, but this film takes an honest look at the more personal side of the genius: It goes behind the scenes of his iconic, charismatic product launches, where Steve (Michael Fassbender) berates and butts heads with his coworkers (played by Seth Rogen and Kate Winslet). Besides the ups and downs of his time at Apple, Steve deals with family drama, taking years to acknowledge that he fathered his ex's daughter, Lisa, and then struggling to find a way to make things right.





Richie Lanz (Bill Murray) is a washedup music manager who's down to his last client, Ronnie Smiler (Zooey Deschanel). With no gigs, the pair embark on a USO tour of Afghanistan; but soon after arriving,

the singer bolts – with Richie's wallet.

Left to roam the war-torn country, Richie encounters a young local with an amazing voice and is eager to take her under his wing as she competes on a televised singing competition... and falls for a blonde (played by Kate Hudson) along the way.

MARK YOUR **CALENDAR FOR THESE SHOWS** YOU WON'T **WANT TO** MISS!

VANDERPUMP RULES

Lisa Vanderpump promises the "best season yet" for round four. Drama abounds among the staff at Sur including catty fights, a breakup and even an arrest. Yikes! Mon., Nov. 2, at 9 PM ET on Bravo

CHRISTINA MILIAN **TURNED UP**

Between recording new music, raising daughter Violet and filming for Fox's Grandfathered,

Christina Milian

is as busy as ever in season two!

Tues., Nov. 3, at 10 PM ET on E!

49TH ANNUAL CMA AWARDS

Superstars Carrie **Underwood** and **Brad Paisley** will perform and host the Country Music Awards ceremonies for the eighth consecutive year.

Wed., Nov. 4. at 8 PM ET on ABC

MOM

stuck living with her mother, a new love interest for Christy (Anna Faris) and the appearance of her grandma are sure to bring more family fun to season three.

Though she's still

Thurs., Nov. 5. at 9 PM ET on CBS



After saying good-bye to *Parks & Recreation*'s Pawnee, Ind., **Aziz Ansar**'s latest series brings him much closer to home. In this new 10-episode comedy based loosely on his personal experiences as an immigrant from India, the star (who also writes and directs) plays Dev, an actor struggling with First World problems. "This is like dumping my head and heart into a show," Aziz explained. The star even enlisted his actual parents to play his character's mom and dad. "There are not a ton of old Indian guys who are actors, and I feel my dad is uniquely funny," he says, adding that he told his mom, "If you love me, you'll do this."

JACK MAXWELL

OK!Q&A

STAR OF BOOZE TRAVELER

risscrossing the world and tasting the local fare sounds like the perfect vacation, but for Booze Traveler's Jack Maxwell, it's his day-to-day job. Read up on the star who's "living out his dream."

You had guest roles on scripted TV shows before this gig. Did you always want to do a reality show?

I wouldn't say I've always wanted to do that, but there are some benefits. I don't have to learn a bunch of lines, and I get to go around the world, have fun and drink!

Has there been one cocktail that you would call your favorite so far?

Caldo de Frutas in Guatemala — it's a fruit moonshine with a wonderful taste that hides the alcohol...which can be dangerous! But when it comes to travel, I look forward, never back. So hopefully I can call the next drink my favorite and have

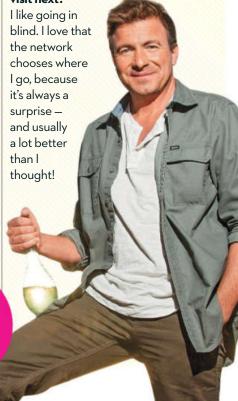
some wonderful memories. It's really about the people I meet, not the places I go.

Catch
Booze Traveler
Tuesdays at
9 PM ET on
Travel Channel.

What's the weirdest thing you've ever imbibed?

I'd say it's a tie between cow's blood in Tanzania and Cobra wine in Hong Kong.

Where would you most like to visit next?





CK! BODY & SOUL

TOTAL BODY FITNESS

MIX YOGA INTO YOUR WORKOUT TO STAY FIT

BEND, DON'T BREAK



etting into shape not only helps you look your best, it makes you feel empowered too. As we prepare for the hectic holiday months, regular workouts and mindful eating can help to keep you physically strong and stress-free. Switching up the type of exercise you do is a great way to stay motivated and work different muscle groups. Try yoga to strengthen your core, improve your flexibility and focus your mind. Taking a few minutes each day to do these exercises will ensure that when it's time to slip into that party dress, you'll feel fit and fabulous!



AND STRESS-FREE

Nutrition and performanceenhancement specialist, health and fitness director for Four Seasons and contributing editor to Shape.

WARRIOR WORKOUTS

REVERSE WARRIOR

STEP1 Begin in Warrior II, lunging with your left leg forward and arms outstretched. Lower your right hand to your right leg, and slide it down toward your ankle (shown above).

STEP2 Turn your left palm toward the sky, and arch your left arm up overhead, reaching back behind you, without moving your legs. Turn your gaze up. Hold for five deep breaths.

STEP 3 Return to Warrior II, lowering your left arm and lifting your right arm until both are shoulder height, palms facing down. Switch sides and repeat.



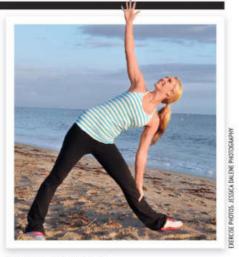
additional health and fitness tips, follow Nora on Instagram: @NoraTobin and

visit noratobin

FIGURE 4

STEP 1 Putting all of your weight on your right foot, bend into a squat as you place your left ankle on top of your right thigh. Shift hips back as if you were sitting in a chair, and raise your arms overhead in a Y.

STEP 2 Maintain knee behind toes and keep chest lifted. Hold for five deep breaths. Switch sides and repeat.



TRIANGLE POSE

STEP1 Position feet wider than hips. Turn your right foot inward slightly and your left foot outward 90 degrees.

STEP 2 Exhale and extend torso to the left (directly over left leg, as shown). Keep your left leg engaged and press the outer heel firmly to the ground.

STEP 3 Rest your hand on your shin or ankle and stretch your right arm toward the sky. Keep your head in a neutral position.

STEP 4 Take five deep breaths. Switch sides and repeat.



If you often feel bloated or gassy, experience abdominal pain or have diarrhea or constipation, you may have irritable bowel syndrome. The good news? There's an easy remedy for this very common condition: According to the Mayo Clinic, regular exercise can help manage symptoms of IBS. One more reason to get fit!

WHAT EVERYONE IS TALKI GHT NOW These exclusive first pics of Charlize cuddling baby August show why "friends joke that she's turned to mush," says a source. As for Jackson, "he truly is heaven on toast," the actress has said. BABY MAKES THREE!

CHARLIZE THERON AND HER SON, JACKSON, WELCOME A BABY GIRL TO THEIR HAPPY FAMILY

scar winner Charlize Theron's favorite role these days? Doting mom! With the addition of a daughter named August to her family in July - like the actress' 3-year-old son, Jackson, the baby is a U.S.-born adoptee - Charlize, 40, "finally feels complete," says an insider. "It's

a dream come true for her."

Charlize, who said after bringing Jackson home in 2012 that she'd always known she would adopt. "has wanted to add another baby to her family for a long time," says the source. "She thought the adoption would happen when she was with Sean Penn, but even after they split

she was determined to go ahead with it." As for Jackson, he's been busy flexing his big-bro muscles. "Charlize was careful to involve him in every step of the process," adds the insider, "and he adores August. He sings with her and wants her to watch cartoons with him. He's just so excited to have a little sister." All together now: Aww!

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Beauty

UPDATE

THE 5
HOTTEST
ANTI-AGING

SECRETS FOR FALL

Growth Hormone:
The Long-Awaited "Fountain of Youth"?

Everybody's talking about human growth hormone (hGH). It's been featured on The Doctors, The Today

Show, Good Morning America, Fox News, and CNN. Allure magazine, in its "Anti-Aging Special" issue, highlighted growth hormone as its year-end call-out. Shape magazine began a recent growth hormone article with the provocative lead in: "When you see a 50-year-old actress who can pass for 35, you can bet that good genes aren't the only things responsible for her youthful glow." But when the internationally famous TV host himself told his audience about an oral compound that's been proven to increase mean, serum (blood) growth hormone levels by 682% and said, "I have been searching for this from the day we started the show. I've been looking for ways of increasing hGH naturally because I don't like getting the injections..." OMG!

Almost immediately, this underground "miracle pill" became a full-blown "anti-aging" phenomenon. The compound is being sold under the trade name SeroVital®-hgh, and it's quickly gaining an almost "cult-like" following because, let's face it... something that just may have the power to reduce wrinkles, tighten saggy skin, decrease body fat, increase lean muscle mass, boost energy, rev up sex drive, and make you look and feel decades — not years, but DECADES — younger is, at the very least, irresistible... especially when it's protected by not one but ten U.S. Patents. But is there a catch? Get all the facts at SeroVital.com. SeroVital is currently available at all Ulta stores, Kohl's, select GNC locations and direct from the manufacturer at 1-800-829-1450 or SeroVital.com. Use promo code HGH347 and get free shipping.[†]

The European Wrinkle Pill!

The one compound cosmetic companies don't want you to know about

Have you ever noticed how topical cosmetic skin creams always talk about improving the "appearance" of the skin or "visibly" reducing wrinkles? They all contain wussy "appearance" qualifiers,

because none of them can claim they change

the skin's structure (not even Estee Lauder or La Mer with its \$300 wrinkle cream, just to mention two). That's why a revolutionary new "anti-wrinkle" compound called UniLastin is causing such a stir. This oral compound has the power to make your skin younger. Not younger looking... actually younger. We're talking about rebuilding your skin, making it thicker and more dense

BREMENN

Unilastin

(think less likely to wrinkle and sag), even decreasing wrinkles... not merely the "look" of wrinkles, but literally decreasing their depth, thereby actually smoothing the skin as it improves the underlying cellular matrix. There's not a single cosmetic moisturizer, serum, or cream out there that can make those kinds of claims. And because UniLastin works systemically (throughout the entire body), it's able to improve the skin everywhere, from the face, neck and décolleté to crepey arms, loose abdominal skin... even buttock sag and elbow wrinkles. It's sort of like a facelift for your whole body... from the end of your nose to the tips of your toes! This unique, total body, anti-wrinkle complex is called UniLastin[™], and it's available exclusively at UniLastin.com or by calling 1-800-456-6519 (promo code **AGEPILL22** gives you free shipping[†]). About \$79.

Can't Sleep? It might be Stress Related Sleep Disorder[™] (SRSD)

On any given evening, more than 100 million Americans have a hard time getting a good night's sleep. And almost half of those people can't fall asleep or stay asleep because of stress and something we call Stress Related Sleep Disorder (SRSD).

What's worse, when you don't get enough sleep you become more stressed, and a vicious cycle begins. Ultimately, the results can be the classic signs of getting older: fatigue, lack of focus, irritability, poor memory, and moodiness.

Unfortunately, many of us are taking the wrong kind of sleeping pill... one that does little or nothing to combat SRSD but can leave you feeling "hungover" in the morning. But all that's changing thanks to Relacore Deep Sleep. It's the first and only sleep aid specifically developed to break the sleep-stress cycle... and it's helping Americans fall asleep quickly and wake up rested and ready to take on your day. If you're ready to finally get some sleep contact Carter-Reed at 1-800-530-3074 or online at www.RelacoreSleep.com. Use promo code SLEEP21 and get free shipping.†





Probiotic Fat Burning Formula

What does adding a few pounds have to do with aging? Everything! Those additional pounds of figure-destroying fat can make you look 10 years older... or more. Here's a smart solution. It's called TruBioTrim™.. the all new energy enhanced, probiotic fat burning formula everyone is talking about.

TruBioTrim will help you lose weight so you look thinner,

tighter and younger, but TruBioTrim also helps reduce belly bloat, increase metabolic

rate, burn fat, provide digestive support... and give you all the youthful energy you need to get through the day.

The bad news... TruBioTrim will not be available in stores until January 15, 2016 (when it gets there, reach for the bright green box, and do not accept substitutes or look alikes). Till then, you can order online at TruBioTrim.com or by calling 1-800-472-2297. A full 30-day supply is

> only \$59 (use promo code TRU13 and shipping is free1).

Bremenn Clinical (a company that's spent years researching pigmentcorrecting formulations like the world famous "Serious Dark Circles" cream, Hylexin®) has the solution. It's called, what else, Bremenn Clinical's Dark Spot Eraser.™ Dark Spot Eraser contains a powerful and pigmentation modifiers that not only helps reduce the appearance of existing dark spots, but

dark spots. So don't try to hide those serious dark spots... fix them with Bremenn's Dark Spot Eraser. Available at Kohl's and smarter retailers nationwide, or directly from Bremenn Clinical at 1-800-334-2830 or BremennClinical.com. Use promo code Darkspot88 and get free shipping.†

also addresses the appearance of future spot emergence,

making it the ultimate solution for even the most serious









MARIAH CAREY visited a sunflower field with her twins, Moroccan and Monroe, 4.



GWYNETH PALTROW celebrated International Girls Day with daughter **Apple**.



CHRIS HEMSWORTH spotted a huge snake – right in his own backyard!



KOURTNEY KARDASHIAN and sis **Kim** mimicked their new giraffe friend.



MARK RUFFALO used a disguise so he could "hide out and enjoy" Comic Con.

several French door



LOCATION Los Angeles, Calif. **BEDROOMS** Five

SQUARE FOOTAGE 20,000

wet and wild Let off some steam – literally! The home boasts a steam room, spa and an indoor Olympic-sized swimming pool.



GET PAID, THE JLAW WAY

ennifer Lawrence is hungry... for justice! The actress, 25, published an essay titled "Why Do I Make Less Than My Male Costars?" on **Lena Dunham**'s feminist website, Lenny Letter, in which she stated that despite her financial security (Forbes named her the highest-paid actress of 2015), she was angry to learn she was paid \$5 million less than her male American Hustle costars for their work on that film. "I got mad at myself. I failed as a negotiator," she wrote, noting that she "didn't want to 'l'm over [finding] the 'adorable' way

to state my

opinion," Jen stated.

seem 'difficult' or 'spoiled,' " by fighting for a better salary. But now she's encouraging all women including herself - to be direct and stand their ground when it comes to pay. "I don't think I'm the only woman with this issue," Jen added. Get that cash, ladies!



MHOT THIS WEEK

E TRENDS A-LISTERS ARE LOVING



L.A.'S SEXIEST STEAKHOUSE

Legendary steakhouses packed to the gills with the rich and powerful are a New York City staple. But Los Angeles is finally catching up, thanks to STK LA. Located in the W Los Angeles-West Beverly Hills hotel, this sleek and modern meat mecca features signature dishes such as Bone-In Filet with Stacked Parmesan Truffle Potatoes, creative cocktails including a fiery Jalapeño Martini and the chance to eyeball star diners like Kevin Costner, Rita Ora, Lucy Hale and Wiz Khalifa.

A HELPING HAND **FOR FITNESS**

Even celeb trainer Harley Pasternak needs an assist now and then. The fitness guru recently had star client Jordana Brewster track stats like heart rate and steps taken with a Fitbit Charge HR wrist monitor... that doubles as caller ID and a watch! \$150: fitbit.com

ARMY OF ONE

Olivia Holt, star of Disney Channel's I Didn't Do It. hit the streets of L.A. sporting one of fall's coolest outerwear trends: a utility iacket. Get her Madden Girl for Kohl's Military Jacket at kohls.com



TREAT YOUR SKIN

You don't have to wait for Halloween to wear a dragon mask! Nip + Fab's Dragon's Blood Fix Plumping Mask will keep your complexion looking

youthful all year 'round. Key ingredients like hyaluronic acid hydrate skin to keep it fresh and wrinkle-free, while amino acids brighten its tone. No tricks here only treats! \$15 at CVS





OK! STAR **SPOTTINGS**

Christina Milian and her daughter, Violet, picked up Skylanders SuperChargers for Halloween at a Toys "R" Us in L.A.... Taryn Manning DJ'd and DMX gave a surprise performance (just five days after his release from prison) at the fourth-anniversary celebration for New York City's Bounce Sporting Club on Sept. 30...

The Star Wars Lightsaber Legacy Lamp

Your Weapon of Choice

For Jedi and Sith alike, the lightsaber is the signature tool that marks a true master of the Force. Now, the lightsabers used by the Skywalker family inspire The Star WarsTM Lightsaber Legacy Lamp, available exclusively from The Bradford Exchange.

The elegant sculptural base presents the lightsabers wielded by two generations of Skywalkers in a legacy of power and heroism. The handles are finished in the gleaming silver and black of the original designs while the signature colored "blades" illuminate above. A custom cloth lampshade features handsome artwork of favorite characters and iconic ships by famed Star WarsTM artist Steve Anderson. A standard lightbulb controlled by a switch provides additional illumination.

Strong demand expected: Order now!

The Star Wars™ Lightsaber Legacy
Lamp comes with a 365-day moneyback guarantee and is issued in a
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now. Quantities going fast!
Act now to obtain it in five
installments of \$39.99, for
a total of \$199.95*. Send no
money now. Just return the Reservation
Application today!

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Arrives with a FREE light bulb

Shown smaller than actual height of 18 inches high with a 11inch diameter shade.

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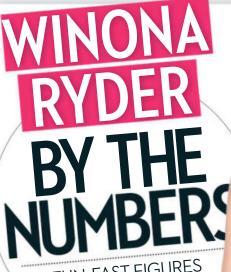
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FUN, FAST FIGURES ABOUT YOUR FAVORITE CELEBRITIES In millions, the amount of money Heathers grossed at the box office, although it later became a cult classic. "That movie did a lot more for me than I even knew at the time," Winona says.

480

Hours of community service she was given after her 2001 shoplifting arrest — plus more than \$10,000 in restitution and fines and three years' probation.



1990 1990

The year her then fiancé, Johnny Depp, got a tattoo as a tribute to her. He changed it from "Winona Forever" to "Wino Forever" after they split.

380

Acreage of the commune in Elk, Calif., where she lived with her parents from age 7 to 10.

200,000

\$200,000



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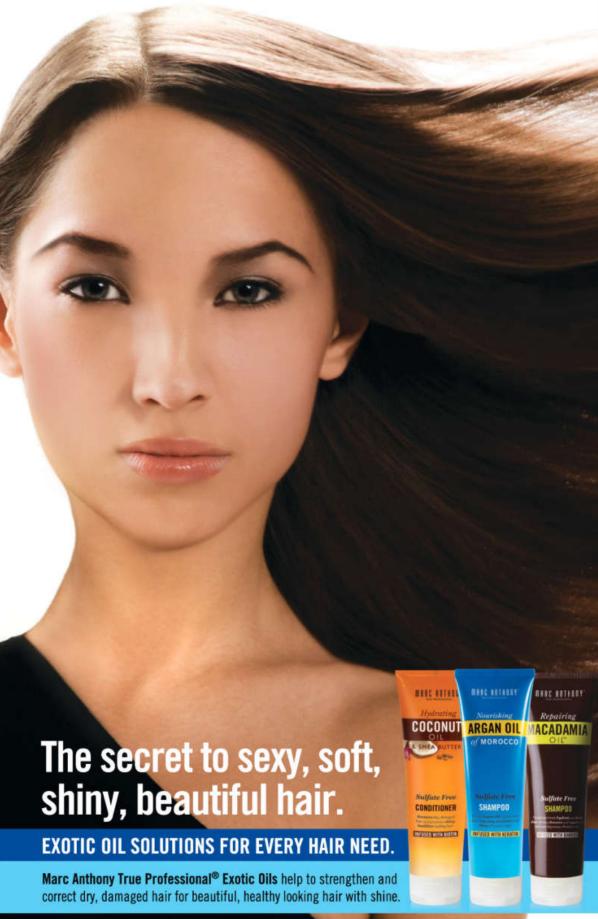
In dollars, the reward she offered for the safe return of 12-year-old Polly Klass, who was kidnapped in 1993 from Winona's hometown of Petaluma, Calif.

Age when her dad took her to her first concert — which turned out to be the last time the Sex Pistols played together.

Famous landlady: Helen Mirren. Winona rented a cottage on her L.A. property in 2014 and says, "She's wonderful. If I'm having a problem, she'll come up and fix it."

Winona's

net worth



ULTA Walgreens

















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